

IFPA Mentorship Initiative



INTERNATIONAL FEDERATION
OF PSORIASIS ASSOCIATIONS

IFPA Mentorship initiative

The program at a glance:

The mentorship initiative was designed as part of IFPA's expansion effort to extend the capacity and reach of the Psoriasis and Psoriatic Arthritis community. The mentorship initiative will aim to support newly formed psoriasis and/or psoriatic arthritis associations.

Individuals in the process of starting new patient associations for people living with psoriasis and/or psoriatic arthritis will be connected with a mentor from one of IFPA's already established member associations.

We believe that this program will offer IFPA members and individuals from newly formed associations a mutually beneficial opportunity to share ideas and experiences. We are confident it will bring value for both mentor and mentee.

Are you interested
in getting a
mentor?

JOIN AS A MENTEE

Who can join the mentorship initiative?

- Newly formed psoriasis patient associations
- Individuals in the process of forming a psoriasis patient association
- Associations that have been a member of IFPA for less than 12 months

Getting started

Contact the secretariat to sign up as a mentee. IFPA will then facilitate introductions and discussions on what each party (with focus on the mentee) hopes to gain from partaking in the initiative during a start up call with both mentor and mentee.



Are you interested
in being a mentor?

JOIN AS A MENTOR

Who makes a good mentor?

- Experience with starting and/or running a psoriasis patient association
- Willing to share experience with and support an individual in the process of starting a new patient association/developing a newly formed association

Getting started

IFPA will organize a start up call for all mentors and mentorship partners. During the start up call with mentors, each mentor will be provided with an information pack from IFPA that they can use as support during their touchpoints with mentees.



What does it mean to join this initiative?

Participants that join the mentorship initiative commit to the following:

- Take part in startup call with IFPA
- To have three touchpoints with their mentorship partner over the course of one year
- To fill out the reporting template after each touchpoint
- To respond to a short survey regarding the initiative after the one-year period

Touchpoints

Touchpoints mean each mentorship pair should have some form of meeting/discussion at least three times during the year. Mentorship partners are free to have more frequent contact if they wish. The minimum requirement for touchpoints, and reporting to IFPA using the touchpoint template, is three times.

Mentorship partners will be provided with each other's contact information by IFPA and may choose to interact over the platform that suits them best (for example through WhatsApp or Skype calls). IFPA recommends mentorship partners to connect via Microsoft Teams, and will assist partners in setting up a channel for communication on Teams.

Final survey

After the 12 months have been completed, each individual will be asked to complete an online survey about their experience with the mentorship initiative. Mentorship partners are free to continue meeting but will no longer formally be a part of the mentorship structure and are therefore not required to complete any further reporting.

Interested?

If you are interested in joining IFPA's Mentorship initiative or just want more information about the program, please contact IFPA Program Officer – Capacity Development, Alice Titalii at alice.titalii@ifpa-pso.com



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